

CERTIFICATE

OF PARTICIPATION

This is to certify that

llse van Zyl

Has successfully participated & completed the

10km Cowhouse Christmas Night Run 2018

held at Cowhouse Market.

TIME 00:53:22

PACE 05:19/km

OVERALL 7 of 75

)

GENDER 3 of 39

OPEN 1 of 20

21 December 2018, Fri

Date



Bout Time